



Walking Programme: August 2019 to January 2020

Date	Walk	Description	OS Map and Grid Ref.	Distance	Leader and Contact Details	Bus Leaves Elgin	Route Via
Sunday 18 August	Inchmarnoch to Glen Tanar House	Linear walk from Inchmarnoch, steadily uphill on good track to Black Moss then dropping down into Glen Tanar estate and walk along the Water of Tanar. Moderate . Short Options around the estate.	OS 37 NO 424 963 to NO 480 965	10 miles	Evie McIvor Tel 01343 820844	7 a.m.	Keith
Saturday 7 September	Achnashellach to Loch Clair	Linear walk starting with fairly steep climb up a good track into the dramatic Coire Lair, then gentle descent through Coulin Forest past waterfalls and Easan Dorcha gorge to Loch Coulin and Loch Clair. Moderate . Low level option, circular walk around the lochs.	OS 25 NH 005 483 to NH 002 582	10 miles	Evie McIvor Tel 01343 820844	7 a.m.	Forres
Sunday 29 September	Loch Laggan to Coire Ardair	A fairly gentle climb on a very good path to view the magnificent cliffs of Craig Meagaidh and return by the outward route. An ascent of 1600 feet. Moderate	OS 34 NN 483 872	8 miles	Diane Simpson Tel. 01542 832049	8 a.m.	Rothies
Saturday 19 October	Cragganmore to Craiggellachie	Walking on the Speyside Way, mainly along the route of the old railway. Shorter version available. Both Easy	OS 28 NJ 167 365 to NJ 293 452	12 miles	Fiona McDonald Tel: 01309 672748	8 a.m.	Rothies
Sunday 10 November	Archiestown to Cardhu Distillery	Archiestown to Cardhu Distillery via Carn Cattock. Shorter walk omitting Carn Cattock. Both Moderate	OS 28 NJ 229 441 to NJ 185 430	8 miles	Susan Butts Tel: 01542 880305 / m: 07815 597007	9 a.m.	Rothies
Saturday 30 November	Dava to Auchnagallin	Dava to Auchnagallin via Carn Gharbh-baid 10.5 miles. Shorter option misses out the Carn spur. Both Moderate	OS 27 NJ 006 389 to NJ 047 338	10.5 miles and 6.5 miles	Dave Clark Tel: 07766 098065	9 a.m.	Forres
Sunday 15 December	Bin of Cullen Christmas walk	Forest walk on good track depending on the weather we can go to top but you don't have to, 6 mls 3 hrs. Short walk will be available. Both moderate . The Xmas meal and AGM will be in the Cullen Bay Hotel	OS 29 NJ 478 665 to NJ 505 673	6 miles	Ruth Gerrie Tel: 01343 820545 Diane Simpson Tel: 01542 832049	9 a.m.	Fochabers
Thursday 26 December	Winding Walks Fochabers (Boxing Day walk)	Walk up through Winding Walks to Duchess of Richmond Viewpoint and back via Gordon Castle. Meet at Fochabers Institute car park at 10:00		5/6 miles	Ruth Gerrie Tel: 01343 820545	N/A	N/A
Saturday 4 January	Roseisle to Lossie	Coastal Walk with views out to the Moray Firth. Short Walk available Easy/Moderate	OS 28 NJ 108 651 to NJ 239 711	10 miles	Ruth Gerrie Tel: 01343 820545	9 a.m.	N/A
Sunday 26 January	Caledonian Canal	Start walk on path on east side of Caledonian Canal to Dochgarroch, retrace path to Bught Park and continue on alongside canal to its mouth at the sea. From there take path by wetlands, finishing at old ferry terminal at South Kessock. Short option is down the canal to Dochgarroch and back up to Bught Park. Both walks Easy	OS 26 655 472 to 655 472	11 miles and short 8 miles	Dave & Margaret Spalding Tel: 01309 871724	8 a.m.	Forres

**** PLEASE NOTE ****

**Walks must be booked by the Wednesday prior to the walk.
Any cancellations after the Wednesday will be charged at the full price.**

Office Bearers

Dave Clark **Chairperson** Tel: 01542 649093
John Worthington **Secretary** Tel: 01343 850604 or email secretary@morayramblers.org.uk
Evie Mclvor **Treasurer & Bus Booking Secretary** Tel: 01343 820844 or email bookings@morayramblers.org.uk

NOTES:

- Bus Bookings** Telephone Evie Mclvor (01343 820844) **between 6.00pm and 8.00pm on the Wednesday prior to the walk**, or email anytime at bookings@morayramblers.org.uk. A decision will be made on the Wednesday before the walk on what size of bus is required, so please book early for the walk.
- The bus will leave Elgin (Community Centre) by one of the following routes unless otherwise stated: Forres - Keith - Rothes
- Bus Fares** The bus fare will normally be £15 per adult and £5 per child. Please note however that a reservation (unless cancelled) will be regarded as a commitment to pay the fare whether or not you turn up.
- Dogs** We regret that dogs are not allowed on Ramblers outings.
- Clothing** **Be prepared for rapid changes in the weather regardless of the time of year. Stout boots, wind and waterproof clothing are essential for all walks.**
- In particular, it should be noted that denim jeans are actively discouraged as they can become sodden, heavy and very cold in wet weather.
- We also recommend that you take a change of clothing and footwear, which if you prefer, can be left on the bus whilst you are walking.
- The Leader** The names and telephone numbers of the walk leaders appear against each date on the programme. More detailed walk information can be obtained from the individual leaders.
- The safety of the party is dependent upon compliance with the leader's instructions and all ramblers must try to remain in a coherent group, unless he/she has explicitly agreed otherwise. The average speed of the walk is that of the slowest member of the group. There will be regular halts for refreshment and regrouping.
- Leader's responsibilities include:
- a) Appointing a 'back marker' to look after the rear of the group
 - b) Making periodic 'head counts' to ensure the party remains intact.
 - c) Ensure that the damage to the countryside is minimal and that all gates are left as they are found.
- Weather Conditions** In the event of severe weather conditions, please check with the walk leader or the Chairperson to ascertain whether any changes have been made to the programme.
- The Ramblers Association** There are no membership fees for the Moray Ramblers and new walkers are most welcome. However, after two outings new walkers are expected to join the Ramblers Association, a national body dedicated to the care, responsible use of and ready access to the countryside.
- Details of membership can be obtained from the Secretary. The current annual individual membership is £35.85 or £47.85 for joint/family membership, concessionary rates are also available.
- Grades of Walks** Each walk listed in the programme includes an approximate distance and a measure of difficulty. **Easy**, **Moderate** and **Strenuous** are used to describe the effort required. If you have any doubts about your ability to manage a particular walk, please contact the walk leader in advance.
- Easy:** gentle countryside rambles over low level moorland, hill tracks and forestry or estate roads.
Moderate: moderate terrain, rough mountain walking with some ascents. Boots are essential and a reasonable degree of fitness.
Strenuous: usually high mountain country possibly involving steep ascents and descents. Boots, efficient wind/waterproof clothing and an average standard of fitness are essential.
- Children** Children are welcome on all walks, but must be accompanied by an adult who should be responsible for them at all times.
- Safety** Safety of the group is a prime consideration, however neither the Moray Ramblers nor any of its members or agents, accept responsibility for any loss or injury occasioned during their activities. It is advisable for members to take out their own Personal Accident Insurance.
- Maps** The maps and grid references mentioned in the programme are the Ordnance Survey 1:50000 series.
- General** All walks will finish with a 'pub stop' of approximately 30 minutes for refreshments.
- If you wish to receive future programmes by email, contact the Secretary at secretary@morayramblers.org.uk.
- Further information and any changes to the programme can be found on our website at www.morayramblers.org.uk
- Future Walks** Suggestions are always appreciated for walks to be included in future programmes. If you have any suggestions, please contact a member of the Committee.