



# Moray Ramblers

## Walking Programme: January to July 2018

Date	Walk	Description	OS Map and Grid Ref.	Distance	Leader and Contact Details	Bus Leaves Elgin
Sunday 7 January '18	Cragganmore to Aberlour	A straightforward walk on a section of the Speyside Way mostly following the bed of the old railway line. <b>Moderate</b>	<b>OS 28</b> (NJ 167 366-264 426)	11 miles	<b>Ann Hewawitharana</b> (Tel. 01340 821242)	<b>9.00am</b>
Saturday 27 January	Caledonian Canal	Along the Canal from Dochgarroch Lock to Inverness Harbour and back along opposite side of canal to Floral Hall. <b>Moderate</b> . Short walk option finishes at Floral Hall (7 miles).	<b>OS 26</b> (NH 618 404 - 660 472)	10 miles	<b>Stacey Clark</b> (Tel: 01542 649093)	<b>8.00am</b>
Sunday 18 February	Newmill to Buckie	Part of the fish wives trail, starting in Newmill following a way marked route on roads, forest tracks and paths. Excellent views all the way from the top of the hill down to Inchgower Distillery. <b>Moderate</b>	<b>OS 28</b> (NJ 435 524 - 426 639)	11 miles	<b>Diane Simpson</b> (Tel. 01542 832049)	<b>8.00am</b>
Saturday 10 March	Rothiemurchus to Loch Morlich	Bonny walk on forest trails, possibly via Loch an Eilean. <b>Moderate</b> . Short walk available in the area.	<b>OS 36</b> (NH 915 107 - 974 098)	10 miles	<b>Fiona McDonald</b> (Tel: 01309 672748)	<b>8.00am</b>
Sunday 1 April	Port Elphinstone to Kemney	Visiting old Aberdeenshire canal then along the River Don through woodland tracks to Fetternear Ho and Bishops Palace(ruin) <b>Moderate</b> - Short walks around Fetternear Estate	<b>OS 38</b> (NJ 777 205 - 728 161)	9 miles	<b>Paul Greenhouse</b> (Tel: 01309 675877)	<b>8.00am</b>
Saturday 21 April	Gannoch & Tampie	Circular walk with a steady ascent of The Gannoch and Tampie, starting from the Forest of Birse and return via The Firmouth Road. <b>Strenuous</b>	<b>OS 44</b> (NO 532 906)	11 miles	<b>Dave Clark</b> (Tel: 01542 649093)	<b>7.00am</b>
Sunday 13 May	Carn an Fhreicheadain (Corbett)	Circular walk starting from Kingussie, on stony track across grouse moor with quite a steep climb up and down. <b>Moderate / Strenuous</b> Short walk will be available	<b>OS 35</b> (NH 755 007)	11 miles	<b>Donnie McDonald</b> (Tel: 01309 672748)	<b>8.00am</b>
Fri 18 - Sun 20 May	Weekend Away Montrose	Staying at The Park Hotel, Montrose. There will be a selection of low and high level scenic walks in and around the Angus Glens.			<b>Ruth Gerrie / Evie Mcl</b> (Tel: 01343 820545 / 01343 820545)	
Saturday 2 June	Cairn Daimh Circuit	Starting at Altnaglander, walk part of the Blairfindy Moorland Circuit to join Carn Daimh Circuit then rejoin Speyside Way to finish at Glenlivet Distillery. Can be boggy in places. <b>Moderate</b> Choice of short walks will be available.	<b>OS 36</b> (NJ 170 286 - 195 291)	11 miles	<b>Ruth Gerrie</b> (Tel. 01343 820545)	<b>8.00am</b>
Sunday 24 June	Drynachan Lodge to Tomatin	Route follows a beautiful stretch of the River Findhorn. Good tracks with one pathless climb (half mile) through birch woods. River bank walk on some parts. <b>Moderate</b>	<b>OS 27 &amp; 35</b> (NH 864 405 - 803 288)	12 miles	<b>Christine Copsey</b> (Tel: 07932 819557)	<b>8.00am</b>
Saturday 14 July	Glas Maol - Creag Leacach	This varied walk offers an ascent of two Munros. Glas Maol offers fine views of Glen Shee The ridge to Creag Leacach is rocky and narrower than the broad ridges typical of the Grampians Stunning views on a fine day. <b>Strenuous</b> Short walks around Braemar	<b>OS 43</b> (NO 139 757)	7 miles	<b>Alan Campbell</b> (Tel: 01542 832218)	<b>7.00am</b>
Sunday 5 August	Ben Wyvis (Munro) (Summer Walk)	A straightforward ascent on paths through forest initially, followed by much steeper ground ascending An Cabar. Extensive views from the summit on a good day. <b>Strenuous</b> Short Walk starting and finishing at Inchbae Lodge. Evening meal after the walk will be advised.	<b>OS 20</b> (NH 410 671)	8 miles	<b>Evie Mclvor</b> (Tel. 01343 820844)	<b>8.00am</b>

## Office Bearers

Ruth Gerrie	Chairperson	Tel: 01343 820545
Dave Clark	Vice Chairperson	Tel: 01542 649093
John Worthington	Secretary	Tel: 01343 850604 or email <a href="mailto:secretary@morayramblers.org.uk">secretary@morayramblers.org.uk</a>
Evie Mclvor	Treasurer & Bus Booking Secretary	Tel: 01343 820844 or email <a href="mailto:bookings@morayramblers.org.uk">bookings@morayramblers.org.uk</a>

## NOTES:

Bus Bookings	<p>Telephone Evie Mclvor (01343 820844) <b>between 6.00pm and 8.00pm on the Wednesday prior to the walk</b>, or email anytime at <a href="mailto:bookings@morayramblers.org.uk">bookings@morayramblers.org.uk</a>. A decision will be made on the Wednesday before the walk on what size of bus is required, so early for the walk.</p> <p>The bus will leave Elgin (Community Centre) by one of the following routes, unless otherwise stated: Forres - Keith - Rothes</p>
Bus Fares	<p>The bus fare will normally be £11 per adult and £5 per child. Please note however that a reservation (unless cancelled) will be regarded as a commitment to pay the fare whether or not you turn up.</p>
Dogs	<p>We regret that dogs are not allowed on Ramblers outings.</p>
Clothing	<p><b>Be prepared for rapid changes in the weather regardless of the time of year. Stout boots, wind and waterproof clothing are for all walks.</b></p> <p>In particular, it should be noted that denim jeans are actively discouraged as they can become sodden, heavy and very cold in wet weather.</p> <p>We also recommend that you take a change of clothing and footwear, which if you prefer, can be left on the bus whilst you are walking.</p>
The Leader	<p>The names and telephone numbers of the walk leaders appear against each date on the programme. More detailed walk information can be obtained from the individual leaders.</p> <p>The safety of the party is dependent upon compliance with the leader's instructions and all ramblers must try to remain in a coherent line unless he/she has explicitly agreed otherwise. The average speed of the walk is that of the slowest member of the group. There will be halts for refreshment and regrouping.</p> <p>Leader's responsibilities include:</p> <ol style="list-style-type: none"><li>Appointing a 'back marker' to look after the rear of the group</li><li>Making periodic 'head counts' to ensure the party remains intact.</li><li>Ensure that the damage to the countryside is minimal and that all gates are left as they are found.</li></ol>
Weather Conditions	<p>In the event of severe weather conditions, please check with the walk leader or the Chairperson to ascertain whether any changes have been made to the programme.</p>
The Ramblers Association	<p>There are no membership fees for the Moray Ramblers and new walkers are most welcome. However, after two outings new walkers are expected to join the Ramblers Association, a national body dedicated to the care, responsible use of and ready access to the countryside.</p> <p>Details of membership can be obtained from the Secretary. The current annual individual membership is £35 or £46.50 for joint/family membership, reduced rates are also available.</p>
Grades of Walks	<p>Each walk listed in the programme includes an approximate distance and a measure of difficulty. <b>Easy, Moderate and Strenuous</b> describe the effort required. If you have any doubts about your ability to manage a particular walk, please contact the walk leader in advance.</p> <p><b>Easy:</b> gentle countryside rambles over low level moorland, hill tracks and forestry or estate roads. <b>Moderate:</b> moderate terrain, rough mountain walking with some ascents. Boots are essential and a reasonable degree of fitness is required. <b>Strenuous:</b> usually high mountain country possibly involving steep ascents and descents. Boots, efficient wind/waterproof clothing and a high average standard of fitness are essential.</p>
Children	<p>Children are welcome on all walks, but must be accompanied by an adult who should be responsible for them at all times.</p>
Safety	<p>Safety of the group is a prime consideration, however neither the Moray Ramblers nor any of its members or agents, accept responsibility for loss or injury occasioned during their activities. It is advisable for members to take out their own Personal Accident Insurance.</p>
Maps	<p>The maps and grid references mentioned in the programme are the Ordnance Survey 1:50000 series.</p>
General	<p>All walks will finish with a 'pub stop' of approximately 30 minutes for refreshments.</p> <p>If you wish to receive future programmes by email, contact the Secretary at <a href="mailto:secretary@morayramblers.org.uk">secretary@morayramblers.org.uk</a>.</p> <p>Further information and any changes to the programme can be found on our website at <a href="http://www.morayramblers.org.uk">www.morayramblers.org.uk</a></p>
Future Walks	<p>Suggestions are always appreciated for walks to be included in future programmes. If you have any suggestions, please contact a member of the Committee.</p>



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