



Moray Ramblers

Walking Programme: July to December 2017

Date	Walk	Description	OS Map and Grid Ref.	Distance	Leader and Contact Details	Bus Leaves Elgin	Route Via
Sunday 16 July	Bynack More (Munro)	This prominent Munro in the Cairngorms, lacks any grand corries but is a magnificent viewpoint for northeast Scotland. A long but relatively straightforward Munro ascent given good weather conditions. Strenuous (Short walk will be available)	OS 36 (NH 983 088)	12 miles	Alan Campbell (Tel: 01542 832218)	8.00am	Roths
Saturday 5 August	Bennachie from Rowantree	Starting up the Maiden's Causeway Path, this route makes a longer walk on Bennachie visiting most of the tops with a good deal of ascent and descent. Moderate	OS 38 (NJ 692 244)	10 miles	Susan Butts (Tel: 01542 880305)	8.00am	Keith
Sunday 27 August	Laggan to Fort Augustus - Invergarry Link	The Invergarry Link splits from the main great Glen Way just above Laggan Locks and continues along forestry tracks, with some ascents and descents. A short section on a minor road before rejoining the Great Glen Way beyond Loch Oich, then canalside walk to Fort Augustus. The route passes close to the A82 at times, so care needs to be taken here. Moderate	OS 34 (NN 300 986 - NH 378 093)	12 miles	Shirley Lamb (Tel: 01343 870663)	7.00am	Forres
Saturday 16 September	Cromdale to Bridge of Brown	Passing the Piper's Stone, Coronation and Jubilee Cairns before reaching Creagan a'Chaise (Graham). This is a fine traverse of the Cromdale Hills - Moderate Short Option walk from Bridge of Brown	OS 36 (NJ 100 284)	10 miles	Evie McIvor (Tel: 01343 820844)	8.00am	Roths
Sunday 8 October	Cairn William & Pitfichie	This pleasant circuit follows tracks and mountain biking paths through the forests and over the heathery, granite ridge of Cairn William. There are good views over the Aberdeenshire countryside. Some steep sections. Moderate	OS 38 (NJ 655 132)	10 miles	Diane Simpson (Tel: 01542 832049)	8.00am	Keith
Saturday 28 October	Dipple to Craigellachie via Ben Aigen	Walk along the River Spey to the Boat Bridge and connect with the Speyside Way, then over Ben Aigen to Craigellachie. Moderate Short walk will be available	OS 28 (NH 331 581 to 292 570)	11 miles	Ruth Gerrie (Tel: 01343 820545)	8.00am	Elgin
Sunday 19 November	Newtonmore to Kingussie	Starting at the Coffin Road down to River Spey then head up on to moor passing Loch Imrich. Follow new path to Loch Gynack then down Mill Glen to Kingussie (all part of way-marked local path network). Moderate Short walk will be available	OS 35 (NH 706 986 to 758 007)	9 miles	Ian Greenhouse (Tel: 01309 675877)	8.00am	Forres
Saturday 9 December	Grantown Circular (Xmas Walk)	Circular walk round the Grantown area starting from the Square - Easy . A short AGM meeting and Xmas meal will follow the walk at a hotel in Grantown. Donations for the raffle would be appreciated.	OS 36 (NJ 032 278)	7.5 miles	Dave Clark (Tel: 01542 649093)	9.00am	Roths
Tuesday 26 December	Boxing Day Walk	Meet at the forest car park beside Arthur's Bridge on the B9103 Lossiemouth to A96 road at 10am. All very welcome, bring friends and family for a leisurely stroll to walk off any over indulgences from the day before, Please travel in your own transport - Easy			OS 28 (NJ 255 670)		Christine Copsey (Tel: 07932 819557)
Sunday 7 January '18	Cragganmore to Aberlour	A straightforward walk on a section of the Speyside Way mostly following the bed of the old railway line. Moderate	OS 28 (NJ 167 366-264 426)	9 miles	Ann Hewawitharana (Tel: 01340 821242)	9.00am	Roths

Office Bearers

Ruth Gerrie	Chairperson	Tel: 01343 820545
Dave Clark	Vice Chairperson	Tel: 01542 649093
Linda Wallace	Secretary	Tel: 01343 842373 or email secretary@morayramblers.org.uk
Evie Mclvor	Treasurer & Bus Booking Secretary	Tel: 01343 820844 or email bookings@morayramblers.org.uk

NOTES:

Telephone Evie Mclvor (01343 820844) **between 6.00pm and 8.00pm on the Wednesday prior to the walk**, or email anytime at bookings@morayramblers.org.uk. A decision will be made on the Wednesday before the walk on what size of bus is required, so please book early for the walk.

The bus will leave Elgin (Community Centre) by one of the following routes, unless otherwise stated: Forres - Keith - Rothes

Bus Fares The bus fare will normally be £11 per adult and £5 per child. Please note however that a reservation (unless cancelled) will be regarded as a commitment to pay the fare whether or not you turn up.

Dogs We regret that dogs are not allowed on Ramblers outings.

Clothing **Be prepared for rapid changes in the weather regardless of the time of year. Stout boots, wind and waterproof clothing are essential for all walks.**

In particular, it should be noted that denim jeans are actively discouraged as they can become sodden, heavy and very cold in wet weather.

We also recommend that you take a change of clothing and footwear, which if you prefer, can be left on the bus whilst you are walking.

The Leader The names and telephone numbers of the walk leaders appear against each date on the programme. More detailed walk information can be obtained from the individual leaders.

The safety of the party is dependent upon compliance with the leader's instructions and all ramblers must try to remain in a coherent group, unless he/she has explicitly agreed otherwise. The average speed of the walk is that of the slowest member of the group. There will be regular halts for refreshment and regrouping.

Leader's responsibilities include:

- Appointing a 'back marker' to look after the rear of the group
- Making periodic 'head counts' to ensure the party remains intact.
- Ensure that the damage to the countryside is minimal and that all gates are left as they are found.

Weather Conditions In the event of severe weather conditions, please check with the walk leader or the Chairperson to ascertain whether any changes have been made to the programme.

The Ramblers Association There are no membership fees for the Moray Ramblers and new walkers are most welcome. However, after two outings new walkers are expected to join the Ramblers Association, a national body dedicated to the care, responsible use of and ready access to the countryside.

Details of membership can be obtained from the Secretary. The current individual membership is £33 or £44 for joint/family membership, reduced rates are also available.

Grades of Walks Each walk listed in the programme includes an approximate distance and a measure of difficulty. **Easy**, **Moderate** and **Strenuous** are used to describe the effort required. If you have any doubts about your ability to manage a particular walk, please contact the walk leader in advance.

Easy: gentle countryside rambles over low level moorland, hill tracks and forestry or estate roads.

Moderate: moderate terrain, rough mountain walking with some ascents. Boots are essential and a reasonable degree of fitness.

Strenuous: usually high mountain country possibly involving steep ascents and descents. Boots, efficient wind/waterproof clothing and an average standard of fitness are essential.

Children Children are welcome on all walks, but must be accompanied by an adult who should be responsible for them at all times.

Safety Safety of the group is a prime consideration, however neither the Moray Ramblers nor any of its members or agents, accept responsibility for any loss or injury occasioned during their activities. It is advisable for members to take out their own Personal Accident Insurance.

Maps The maps and grid references mentioned in the programme are the Ordnance Survey 1:50000 series.

General All walks will finish with a 'pub stop' of approximately 30 minutes for refreshments.

If you wish to receive future programmes by email, contact the Secretary at secretary@morayramblers.org.uk.

Further information and any changes to the programme can be found on our website at www.morayramblers.org.uk

Future Walks Suggestions are always appreciated for walks to be included in future programmes. If you have any suggestions, please contact a member of the Committee.